

# Head Start and After School Snack Menu

November 2019

1

Half Day, early release

4

Scooby Doo Graham Crackers

Milk

5

Craisins

String Cheese

6

Animal Crackers

Banana

7

Heartzels

String Cheese

8

Scooby Doo Graham Crackers

Yogurt

11

Maple and Brown Sugar Bar

Milk

12

Goldfish Pretzels

Yogurt

13

Fruit Bar

Craisins

14

Apple Muffin

Milk

15

Crackers

Cheese Cubes

18

Goldfish Crackers

Milk

19

Yogurt

Animal Crackers

20

Apple Muffin

Milk

21

Apple

Cheese Cubes

22

Fruit Bar

Craisins

25

Banana Muffin

Milk

26

Jungle Crackers

String Cheese

No School, Thanksgiving Break

Make sure to get plenty of rest each night!

Healthy snacks are a great way to boost energy!